



FAQ – Grateful Life Center (GLC)

What is the Grateful Life Center?

The Grateful Life Center is a 100 bed, male, residential, long-term, recovery facility. The Grateful Life Center is part of the Recovery Kentucky network, an initiative to fight homelessness and addiction.

Who is eligible for GLC?

Male adults (18 years and older) are eligible for GLC.

What is the referral process?

Prospective consumers call the facility, fill out necessary paperwork, and upon approval by the intake supervisor, are placed on a waiting list.

How does someone get admitted?

Someone gets admitted to the GLC first by contacting the Intake Supervisor at (859) 359-4500. The Intake Supervisor can provide an screening packet and disclosure agreement as well as an approved items list.

What does a typical day at GLC look like?

A typical day at GLC differs based on program phases, but classes occur between the hours of 8 am and 4 pm and there are two 12 step meetings every evening.

How much does GLC cost?

The services offered at GLC are provided at no cost to the consumer. The program is funded through multiple grant and government sources.

What other services are offered?

Services offered at the GLC include: GED classes, a Life Skills course, 12 step recovery meetings, a Healthy Relationships course, and a curriculum called Recovery Dynamics ©, by The Kelly Foundation.

Can clients have visitors?

Clients in every phase of the program can have visitors except those in the Safe off the Street (SOS) phase. The SOS phase is first and lasts between 7 and 13 days.

Can clients leave GLC while enrolled in the program?

Clients can leave the GLC after completing the SOS phase. Privileges are based on what phase a resident is in the program.

What is the typical length of stay?

The typical length of stay is 6 to 9 months residential, followed by 6 months aftercare.

Can clients smoke?

Clients are permitted to smoke in designated outdoor areas.

How is the food?

The food is freshly prepared, on-site, daily.

Are there laundry services on-site?

There are laundry services on site.

Are there 12-step meetings on-site?

There are 12-step meetings on site daily.

Can clients make phone calls?

Phone access is based on phase. SOS clients are allowed one phone call during the SOS phase. This call is typically used to inform family of location/safety. Then phone time is increased as clients progress through the program.

Do clients have chore responsibilities?

Clients do have chore responsibilities. Chores are performed daily between the 7 am and 8 am. Phase 1 clients have in-house "jobs" that mirror life outside of the program.

Is transportation provided to and from GLC?

Transportation can be discussed on a case by case basis, but the GLC does not pick up clients from their place of residence for admission.

What can I bring?

Grateful Life Center Items list

1 – Back pack only (no carrying bags)

1 - Carton of cigarettes and lighter.

2 - Pair of sweats (hoodie) or loose-fitting clothes.

2 - Pair of blue jeans and shorts.

5 - T shirts.

5 – Pair of Socks and underwear.

2 - Total pairs of either: shoes, shower shoes, or tennis shoes.

1 – Coat.

1 –Towel, toothbrush, toothpaste, alcohol-free mouthwash, comb

1 – Net type laundry bag (Dollar store has them)

1 – Bottled soap, hanging scrubby, shampoo, conditioner, razors and shaving cream

2 – Student Subjects notebook, (Meditation and Recovery are the only books allowed at intake).

Stamps and envelopes for correspondence.

Money allowed at intake – \$15.00 (preferably dollar bills or change for vending machines).

MANDATORY DOCUMENTS BRING OR HAVE MONEY TO ACQUIRE UPON INTAKE!

*Picture I.D - (or \$12.00).

*Social Security card – Free to get if you have the other 2 identifications.

*Birth Certificate – (KY- \$10.00) **(Required only if one does not have the first 2 items listed)**

*Copy of court order (***If applicable***).

*Courtnet Report (\$20) (For self & non DOC court ordered referrals) (D.O.C. Referrals disregard)

*T.B. Certificate – Bring a copy of recent certificate (***within a year, if possible***).

***DO NOT BRING - Radio, C.D. player, pager, cell phone, I - Touch, or any electrical devices**